PRAYER CORNER

PRAYER REQUESTS. If you are in need of prayer, then email contact@aldwickbaptist.co.uk

PAUL COX - the minister from Southbourne Free Church and known to many of us, died on Monday morning after a stroke on Friday. He did not regain consciousness. Please thank the Lord for Paul's faithful service and pray for his wife, Veronica, who is naturally feeling Paul's loss. Pray for peace of mind, courage and an awareness of the Lord's ongoing presence with her

A MESSAGE FROM RONNIE – Thank you for your prayers for Angie, my former wife, who died last Sunday. Ronnie.

MARION COLLINS – Marion has been transferred to St George's hospital in Tooting to repair the tear in her lung. The operation went well and Marion is hopefully returning to Bognor Regis on Sunday. Please give thanks to the Lord and pray for ongoing healing.

ARTHUR MAGEE – Arthur is in a lot of pain following his recent operation. Please pray for pain relief and ongoing healing. Arthur loves to talk to people, so why not pay him a visit?

GILL AND TREVOR GUY HAVE SENT US THIS PRAYER REQUEST. We would be grateful for the continued prayer of the church family for our daughter in law Kay as she undergoes a long, intense course of chemotherapy.

MICHELLE CRANE –Michelle remains unwell and is very weak. Please pay for healing, renewed strength and peace of mind.

PLEASE CONTINUE TO PRAY for Daphne Ashby who is in a lot of pain and for Perrie who has been but is now recovering. Pray to for healing and pain relief for Dorothy Ridley and Lou Freezer as they are both suffering with back problems.

Contact and Church office information

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Minister	Simon Downing (Tel. 07411 919 928)
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Church Secretary:	Clive Bennett (Tel: 07951 985 432)
	email: secretary@aldwickbaptist.co.uk
Treasurer/Elder	Derek Robinson (Tel: 07599 473 691)
	email: contact@aldwickbaptist.co.uk
Deacons	Brenda (265984), John Smith (837181), Joy (837181)
	John Bell (07506 035 363), Ray Evans (07773 968 261)
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aldwickbaptistchurch

Vision: Loving God, Loving Each Other, Loving Lost People

ABC NEWS

Aldwick Baptist Church



[28] God is our refuge and strength,
an ever-present help in trouble. (Psalm 46:1)

Sunday 16th August 2026

Psalms for the Journey

"God is our refuge"

Psalm 46

Clive Bennett

SUNDAY'S SERVICE – 16th August. Simon will be returning to lead our worship and communion service before Clive brings God's word to us. Clive will be continuing with our series, **'Psalms for the Journey'**, as we explore some of the Bible's most loved and encouraging Psalms. This week Clive will be looking at Psalm 46: **'God is our refuge'.** Whether you're a regular member of our church or visiting us over the summer, we'd love to welcome you as we journey together through these timeless songs of faith. If you are unable to attend in person, the service will be available online at:
https://www.aldwickbaptist.co.uk/category/current-sermons

NEXT SUNDAY'S WORSHIP SERVICE – 23rd August. Next week Brenda's band will be leading us in worship before Simon continues with our series, 'Psalms for the Journey'. In this series we are exploring some of the Bible's most loved and encouraging Psalms. This week Simon will be looking at Psalm 121: **'Help for the journey.'**

WELL OF HOPE – UKRAINE APPEAL - As the war in Ukraine continues, families are still facing immense hardship. Brenda and Ian are inviting us to support the Well of Hope charity, which sends monthly aid lorries to Ukraine, bringing practical help and hope to those in desperate need.

We are collecting donations from now until Christmas, including:

- Children's toys (small), clothes and bedding
- Adult clothing, shoes and boots
- Kitchen utensils
- Dry and tinned food

Children are also invited to include a small gift for a child in Ukraine, with an optional tag giving their first name, age, "Bognor Regis, England", and a short message of encouragement.

Please speak to Brenda or Ian if you would like to contribute.

SUNDAY'S FLOWERS - We are urgently looking for folk from within our fellowship to donate towards the flowers you see in church every Sunday. Some donate in memory of someone or to celebrate a birthday/ anniversary, or for no special reason!
The flowers don't just make the church look good each week but, after every service, are distributed to folk who are ill, housebound or just to say "thinking of you", and are always really appreciated by the recipient.
We have a dedicated small team of flower arrangers (we can always do with more if anyone loves arranging flowers!!!), so all you have to do is donate and the arrangement will magically appear!

Life is a journey, and no two days are quite the same. Some stretches of the road are filled with joy and sunshine; others are marked by uncertainty, disappointment or sorrow. Yet Psalm 121 reminds us that, whatever lies ahead, our help comes from the Lord, who faithfully watches over His people.

The Journey

Life seldom follows straight, smooth roads,
It twists and climbs, then dips again;
We celebrate the brighter days,
Yet also walk through loss and pain.

Some mornings dawn with hope renewed,
Our hearts are light, our steps are strong;
On others, worries crowd the mind,
And even simple tasks seem long.

There are decisions still to make,
Unanswered prayers we cannot see;
The future waits beyond the bend,
Unknown to us—but known to Thee.

Yet every road, both rough and fair,
Lies safely in our Father's hand;
The One who shaped the mountains high
Still walks beside us through the land.

So lift your eyes beyond your fears,
Don't measure life by what you see;
For God, who neither sleeps nor rests,
Keeps watch with constant faithfulness.

And when at last the journey ends,
We'll see what now we cannot prove:
That every step was safely held
Within our Shepherd Father's love.

TAB (The Aldwick bard)

CRAFT CLUB, TABLE TENNIS, COMMUNITY CAFÉ AND TODDLER TIME will all be closed throughout August and will reopen in early September. There will also be no children's group on Sundays.

FOODBANK - We are very grateful to all those who donate items for the Bognor Foodbank. Current urgently needed items are: Tinned tomatoes, Tinned meat, Tinned fruit, UHT milk, UHT fruit juice. Please place them in the donation point on the left-hand side of the church foyer.