PRAYER CORNER

Are you in need of prayer? Then contact one of the leadership team or email contact@aldwickbaptist.co.uk for your prayer needs to be circulated.

PRAYER NEEDS

Thank you to everyone who responded to the urgent prayer request earlier this week for Louissa (John and Joy's daughter in law) who was rushed into hospital earlier this week. We are pleased to share that Louisa is now home after being discharged from St Peter's Hospital in Chertsey and will continue her care closer to home through The Conquest Hospital in Hastings.

Louisa has been advised to rest for the remainder of her pregnancy and will attend hospital twice a week for monitoring and blood tests.

Whilst this is encouraging news, there remains a risk of infection. Please continue to pray for God's protection over Louisa and the baby, that she would remain free from infection, know peace during this time of uncertainty, and receive strength and encouragement in the weeks ahead.

FRANK YORKSTON – Please pray for Frank, who is still experiencing significant discomfort and ongoing health difficulties. Please pray for healing, relief from pain, and a deep sense of peace.

CILLA AND TONY - Tony is in good spirits and has now been moved to Bognor Memorial hospital. Do also pray for ongoing healing for Cilla and also continue to pray for the family.

RACHAEL HOLWELL – Please do continue to pray for Rachael, Richard and Charlie after Rachael's recent health concerns. Please pray for ongoing healing and peace of mind.

Contact and Church office information

Head of the Church	Jesus Christ
Minister	Simon Downing (Tel. 07411 919 928) email: pastor@aldwickbaptist.co.uk
Church Secretary:	Clive Bennett (Tel: 07951 985 432) email: secretary@aldwickbaptist.co.uk
Treasurer/Elder	Derek Robinson (Tel: 07599 473 691) email: contact@aldwickbaptist.co.uk
Deacons	Brenda (265984), John Smith (837181), Joy (837181 John Bell (07743 257 860)
Church	Tel. 07743 257 860

aldwickbaptistchurch

Vision: Loving God, Loving Each Other, Loving Lost People

ABC NEWS

Aldwick Baptist Church



[6] Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. (Phil 4:6)

Sunday 31st May 2026

Series: Living by faith in the modern world

Part 1: Taming the overwhelming

Philippians 4:4-7

Clive Bennett

SUNDAY'S SERVICE – A SECOND NEW PREACHING SERIES BEGINS – 'Living by faith in the modern world'. This series will consider practical Biblical principles for living in today's fast-paced world and explore how the unchanging wisdom of the Bible applies directly to the everyday decisions, challenges, and relationships of the 21st century. Simon's band will be leading worship before Clive brings God's word to us. Clive's talk is called, 'Taming the overwhelming' based on Philippians 4:4-7. Don't miss this!

Of course, we do hope you can join us for the service in the church but if you can't actually join us, you will be able to access the service at any time by going to -

https://www.aldwickbaptist.co.uk/category/current-sermons

NEXT SUNDAY'S FAMILY SERVICE- 7th June Do join us for our monthly family service as Simon and his **NEW** band lead us in inspiring worship! John and his team will no doubt be challenging us through drama and God's word

BREAKFAST TIME – 9:30AM (All Ages Welcome) - Before the service, we invite you to Breakfast Time, open to everyone! This is a relaxed and welcoming space to share food, friendship, and conversation. It's a place to build relationships, show hospitality, and extend kindness and generosity - helping everyone feel valued and that they truly belong. Don't miss this chance to connect, celebrate, and worship together!

SIMON'S DAY OFF – Like all of us, Simon needs some rest and recovery time where he can just switch off and spend time with his family. His normal days off are Friday and Saturday. Please try not to contact him on these days but instead contact your pastoral lead or one of the deacons. Derek.

FOODBANK - We are very grateful to all those who donate items for the Bognor Foodbank. Current urgently needed items are: **Tinned fruit, Tinned rice puddings, Tinned meat, Shower gels, UHT apple/orange juice.** Please place them in the donation point on the left-hand side of the church foyer

WERE YOU CHALLENGED BY OUR RECENT BAPTISMAL SERVICE? – If you were and want to know more speak to Simon or one of the deacons. There is likely to be another baptismal service on 13th September. Don't hesitate – take the plunge!

PASTORAL CIRCLES – Everyone who has signed up to receive our notifications and literature is now included in a 'pastoral circle'. These are the basic units of our pastoral care system. These will be on display on Sunday for you to check.

URGENT CALL – Are you looking for a homegroup? Then we have some good new! Just speak to me today. Derek

As we begin our new series, '*Living by faith in the modern world*', this poem reflects on the *"Do not be anxious about anything… and the peace of God… will guard your hearts and your minds in Christ Jesus."* Philippians 4:6–7

Taming the Overwhelming

The alarm goes off, the kettle boils,
Another day begins,
A hundred thoughts race through the mind
Before the day starts in.

The inbox fills, the phone lights up,
The calendar looks tight,
We rush from one thing to the next
And rarely stop in flight.

There's shopping lists and family cares,
Appointments still to keep,
The worries we don't speak aloud
That wake us from our sleep.

We carry burdens, large and small,
And hold them far too long,
Till even simple daily tasks
Begin to feel all wrong.

Yet quietly, through all the noise,
A different voice breaks through:
"Bring all your cares and fears to Me —
I'll walk this road with you."

Not freedom from each storm we face,
Nor lives untouched by pain,
But hearts held steady in the midst
When pressures rise again.

For peace is not the absence
Of struggle, stress, or strife —
It's knowing Christ walks with us still
Through every part of life.

So when the world feels far too much,
And worries crowd your view,
Bring everything to God in prayer —
And let His peace hold you.

TAB (The Aldwick bard)