**An urgent Call to Prayer for Peace as Israel responds with vengeance.**

I'm sure it grieves your heart to hear of the recent outbreak of violence and suffering in the Holy Land. The situation in Israel, with the senseless acts of violence perpetrated by Hamas, has resulted in the loss of countless lives and unimaginable pain for both Israel and Gaza. Our hearts ache especially for the innocent civilians both in Israel and also Gaza who have and are still suffering in this conflict. But never underestimate the power of prayer as it is through our fervent prayers that we can invoke God's Holy Spirit to move in the lives of those affected by these conflicts. Let us remember the words of James 5:16, "The prayer of a righteous man (or woman) is powerful and effective."

Please pray for:

1. **Peace in the Holy Land:** Pray for an end to the violence and for the safety of all those caught in the crossfire.
2. **All Nations at War:** Lift up in prayer every nation that is currently experiencing conflict, strife, or unrest. Pray for wisdom for their leaders and protection for their citizens
3. **Victims and Families:** Pray for the healing and comfort of those who have lost loved ones, and for the recovery of those who have been injured physically and emotionally.
4. **World Leaders:** Pray for world leaders to seek peaceful solutions and to work towards reconciliation and understanding.
5. **The Holy Spirit's Guidance:** Ask the Holy Spirit to guide us in our efforts to promote peace and unity, not only in our own church and communities but also globally.

**Remember Galatians 5:22-23.** "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness gentleness and self-control. Against such there is no law.")

**Contact and Church office information**

| | |
|---|---|
| Head of the Church | Jesus Christ |
| Minister | Simon Downing (Tel. 07508815573) |
| email: pastor@aldwickbaptist.co.uk | |
| Church Secretary: | Clive Bennett (Tel: 930756) |
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| Treasurer/Elder | Derek Robinson (Tel: 866238) |
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| | Joy (837181), |

aldwickbaptistchurch

**Vision:** Loving God, Loving Each Other, Loving Lost People

# ABC NEWS



**Sunday 15th October 2023**

**CAP SUNDAY – Clive Bennett**

**FORGIVENESS – Simon Downing**

**Matthew 14:13-14**

**This service will include communion**

**TODAY'S WORSHIP SERVICE** – This morning Simon's will be leading Brenda's band as we worship the Lord today. This service will also include a talk by Simon on the deeper meaning of forgiveness which will also be the focus for communion.

Across our local churches, this Sunday has been designated as CAP Sunday. Consequently, as part of our service we will be hearing what has been going on with Bognor Regis' Christians Against Poverty initiative and how we can all make a positive difference to the lives of those people in our community who are struggling with debt or pressures of life they just cannot cope with. This brings real tangibility to the third part of our church vision: "Love God, Love Each Other and Love our Community."

Of course, we do hope you can join us for the service in the church but if you can't actually join us, you will be able to access the service at any time by going to: https://www.aldwickbaptist.co.uk/category/current-sermons

**DON'T FORGET THE QUARTERLY CHURCH FAMILY MEETING** – Thursday 19th October at 7pm.

**100 SKIPS A DAY** - As most of you know, I enjoy working at St. Richard's Hospital but sadly, I see patients every day suffering from cancer which is truly devastating. Some are young adults with young children and toddlers of their own. It is so sad to see the heartbreak that this dreadful disease causes. I want to help to raise funds for cancer treatment research, so that one day, as the current advertising slogan says, "Together we can beat cancer". So in October, I am going to do 100 skips a day in October and I hope you can find it in your hearts to sponsor my efforts. If you are able, please show your support and help fund life-saving research by donating to my page. Every blessing, Shibali **https://fundraise.cancerresearchuk.org/page/shibalis-giving-page-1**




**AN INVITATION TO WALK THROUGH THE BIBLE** – The Old Testament in a Nutshell, Saturday 28th October 10 am – 4,30 pm – Cost £14 (but bring your own packed lunch). St Mary Magdalene Church Hall, Bersted Street. PO22 9QE.

The Old Testament is massive, often hard to understand and difficult to navigate. Relax and enjoy the journey as an experienced guide encourages you to see God's Word through the 'Big Picture'. Our FUN and MEMORABLE sessions will help you learn with such CLARITY you'll be able to retell the whole STORYLINE to a friend. We will also do our best to INSPIRE and EQUIP you to keep digging deeper. Book online today at www.Bible.org.uk or contact Tim Crook on 01243 862018.



This week Arthur's poem emphasises the importance of persevering when the world seems to be against you. No matter how you are feeling this week, Arthur reminds you to look to the light, as it is always there even when you can't seem to find it.

**The Mountain Track**

As I struggled up the mountain track,
The heavy rain and wind pushed me back.
The track was so steep to bare,
But it seemed a light was always there.
Sometimes I fell in stress and pain,
But I soldiered on and got up again.
Then at last I saw the peak,
So overwhelmed I could hardly speak.
"Yes", that light had seen me through
And as I surveyed the glorious view,
"Lord", I knew -
My strength had come from you

Arthur Magee

**FIRST RESPONDER** - Simon is acting as first responder this week for all urgent matters. He is also busy with his pastoral meetings. For less urgent problems, please do try to make use of our pastoral care system by contacting your pastoral group coordinator.

**LUCIA** - Jemeela (Lucia's mum) had a zoom talk with the professor at Gt Ormond Street earlier this week. Lucia's heart is still racing too much and they want her to stay at Southampton and try even more different drugs, to keep her heart at a slower pace. They don't know how long this will take, but if and when it does, she will be allowed home to see if she can cope with day-to-day life.
So they are not in a hurry to do a transplant at this stage. So again everything is still up in the air. Please pray for a healing miracle and peace of mind for the family

**HEATHER** - We have no further news of Heather after her major heart operation last Friday other than to say everything seems to have gone to plan but recovery will take some time.
Please thank God for his guiding hand in this situation and do pray for ongoing healing.

**DAVINA RUMSBY** - Please do continue to pray for Davina and Alan at theis very difficult time in their lives.